

Leczenie skojarzone cukrzycy typu 2

Combined therapy in type 2 diabetes mellitus

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Summary:

Increasing number of new cases of diabetes is challenge for physicians and it requires additional funds on development of prophylactic methods and new therapies. The purpose of effective treatment of diabetes is reduction of prevalence of diabetes complication and increasing of life expectancy and quality. Insulin resistance and insulin deficiency are the major pathogenesis of type 2 diabetes. Natural course of disease leads to gradual exhaustion in pancreas reserve of insulin. Beginning treatment from monotherapy is ineffective at significant number patient or brings transitional benefit only. The next step is combined therapy. Initially it can be a combination of different groups/types of oral antihyperglycemic drugs. However, in course of time, achievement of correct control of diabetes requires reaching for insulin. When choosing optimal drugs we should take into consider concomitant diseases like heart failure, kidney and liver diseases, age of patient and cost of therapy. Decision of inclusion of insulin is very difficult step for patient and sometimes also for his physician. Proper education helps to achieve better cooperation with diabetic patients which is vital for improving glucose control.

Key words: diabetes mellitus, combined therapy.

Słowa kluczowe: cukrzyca, leczenie skojarzone.